



**NepalAbility** provided two on-site training and education sessions in 2023! Team 24 and 25 provided support at our partner sites: United Mission Hospital Tansen and Green Pastures Hospital & Rehab Centre and Hospital, Nepal.

In March 2023, Carol Scovil (*Rehab Engineer*), Sandra Mills (*Patient Education and Engagement*), and Becky Bauman (*Occupational Therapist*) formed **Team 24**. That was Carol's 8<sup>th</sup> trip to Nepal! Their teaching focused on Sexual Health and Disability, and Paediatric Rehab for kids with Autism. They also brought therapy supplies, a specialty wheelchair and cushions, and communication devices for persons who cannot speak.



**Team 25** was in Nepal in November 2023. This team consisted of Jaelyn Dawe (*Occupational Therapist*), Sierra Zabel (*Physiotherapist*), Dr. Tiffany Got (*Resident in Physical*



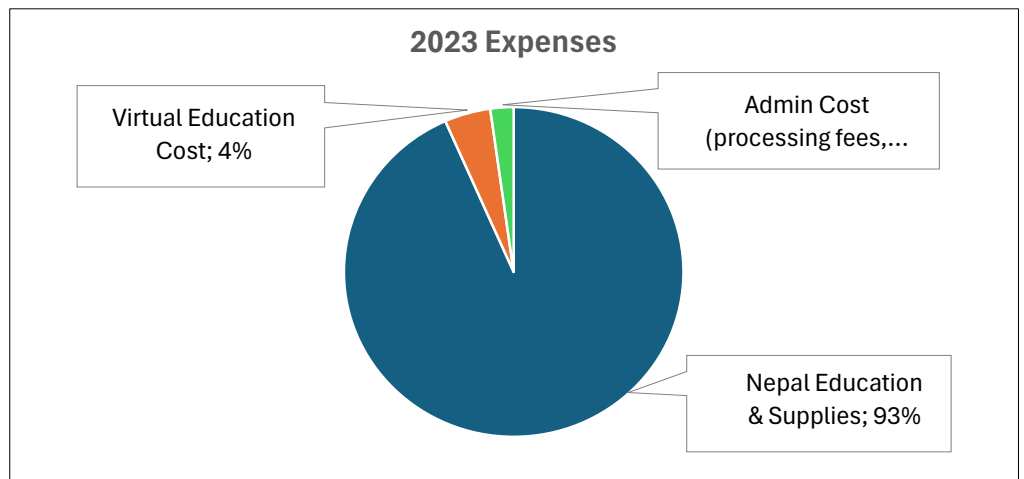
*Medicine and Rehabilitation*), and Dr. Nora Cullen (*Physical Medicine and Rehabilitation Specialist & Chair of NepalAbility*).



Our teams of volunteers paid their own travel expenses and donated their time to teach and share their expertise! Expenses to support learning and the delivery of rehab, such as equipment and costs to do community patient visits, were covered by NepalAbility with many thanks to our generous donors.

Once again, \$12,100.00 CAD was provided to United Mission Hospital Tansen (UMHT) in 2023 to support individuals with financial needs to receive rehab services and therapeutic equipment. The 2023 funding supported 24 patients with a total of 384 rehabilitation hospital days. This includes supporting 1 staff and 7 patients and their caregivers to travel from Tansen to Pokhara to receive and be fitted with their own manual wheelchair.

The majority of 2023 expenses were directly used to support rehabilitation services and education in Nepal (93%), and to provide remote education with Nepal (4%). Only 2% of spending was related to administration costs.



Our Nepali partners have let us know the importance of connecting between on-site Nepal visits for ongoing education. In 2023, three (3) virtual sessions were delivered. Speakers volunteered their time to present at 9:45pm EST so our Nepali partners could attend at 7:30am in Nepal.

Expense Summary	2023
Nepal Rehab & Education Expense	\$13,721.42
Virtual Expense	\$644.32
Administrative Expense	\$324.74
<b>Total Expenses</b>	<b>14,690.48</b>

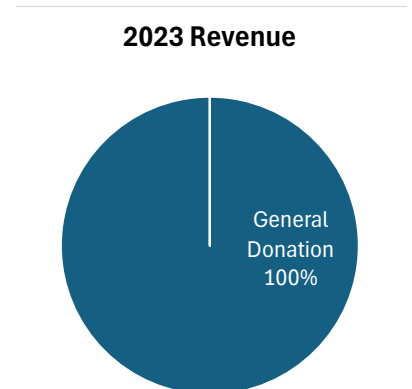
Thank you to our presenters who joined us in 2023!

2023 Virtual Education:

- 1. Sexual Health**  
Speakers: Sandra Mills, Med, Patient Education and Engagement Lead
- 2. Spasticity**  
Speaker: Dr. McKyla McIntyre
- 3. Gail Training**  
Speakers: Jamie Yang, Physiotherapist

Our sincere thank you to our generous donors and an anonymous donor with Veritas who supported our “double-the-donation” campaign. We raised \$9,338.01 in 2023.

Revenue	2023
General Donation	\$9,338.01



Thank you to our generous donors and all our volunteers in supporting individuals living with disabilities and supporting clinicians in enhancing rehabilitation services in Nepal!

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