



**NepalAbility** is excited to have resumed our onsite education with our Nepali partners in 2022!

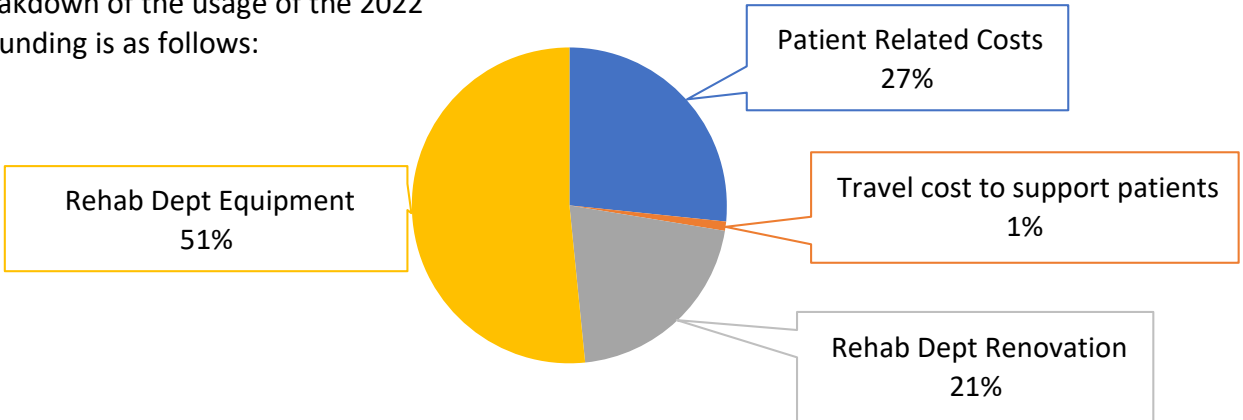
Team 23, including James Bardy (*Occupational Therapist*), Alex Bagley (*Physiotherapist*), Dr. Katie Cheliak (*PM&R Resident*), and Dr. Nora Cullen (*PM&R Specialist*), visited Nepal from Nov 21<sup>st</sup> to Dec 2<sup>nd</sup>, 2022. They provided education and support at the United Mission Hospital Tansen, and at Green Pastures Rehab Centre and Hospital in Pokhara.



Our team of volunteers paid their own travel expenses and donated their time to teach and share their expertise! Expenses to support learning and the delivery of rehab, such as equipment and costs to do community patient visits, were covered by NepalAbility with many thanks to our generous donors.

Once again, \$12,100.00 CAD was provided to United Mission Hospital Tansen (UMHT) in 2022 to support individuals with financial needs to receive rehab services and therapeutic equipment. The number of Rehab patients who required financial support continued to be low at UMHT but it has slightly increased from 2021 (9 patients in 2021; 19 patients in 2020). The 2022 funding supported 13 patients with a total of 222 hospital days and 96.5 rehab visits. The remaining funding was used to improve the Rehab department, to enable them to better support future patients.

The breakdown of the usage of the 2022 UMHT funding is as follows:



In addition to Team 23's onsite education, six (6) virtual sessions were delivered in 2022. Speakers volunteered their time to present at 9:45pm EST so our Nepali partners can attend at 7:30am in Nepal.

Thank you to our presenters who joined us in 2022!

2022 Virtual Education:

1. **Clinician Self-Care**  
Speakers: Cathie Percival & Jennifer Squibb, Social Workers
2. **Burn Rehab**  
Speaker: Dr. Matthew Godleski
3. **Acute Traumatic Brain Injury**  
Speakers: Sarah Riggsbee (SLP), Dr. Nora Cullen, Edith Ng & James Bardy (OTs)
4. **Concussion and Mild Traumatic**  
Speaker: Dr. McKyla McIntyre
5. **Stroke and Depression**  
Speaker: Dr. Nora Cullen
6. **Stroke Recovery in Young Patients**  
Speaker: Dr. McKyla McIntyre

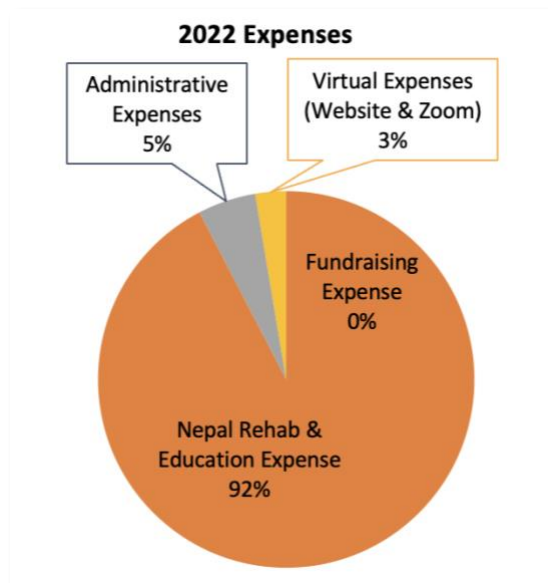
The importance of providing virtual education between our bi-annual on-site education was voiced by our Nepali partners. We continue explore opportunities to enhance our online platforms to better support the education needs in Nepal.

The majority (92%) of the expenses in 2022 continued to be used to support patients and the rehab department at UMHT. All NepalAbility members are volunteers. Administrative expenses included a Veritas Charity Services membership, financial processing fees, and postal costs.

Expense Summary	2022
Fundraising Expense	\$0.00
Nepal Rehab & Education Expense	\$12,100.00
Virtual Expense	\$346.00
Administrative Expense	\$652.34
<b>Total Expense</b>	<b>\$13,098.34</b>

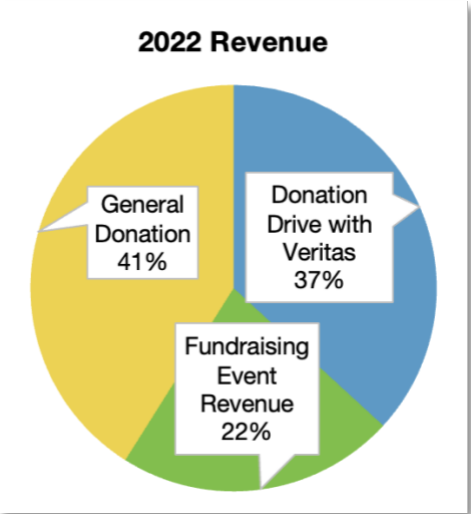
**Breakdown of 2022 Administrative Expense:**

Finance & Filing Fees	\$126.11
Veritas Membership	\$282.50
PO Box & Postal Expenses	\$243.73
<b>Total:</b>	<b>\$652.34</b>



NepalAbility relies 100% on our generous donors to support rehab in Nepal. The majority of the donations in 2022 were collected at James Bardy’s fundraising art show and the “double-the-donation” drive with Veritas Charity Services Inc.

Revenue	2022
Fundraising Event Revenue	\$4,500.00
Donation Drive with Veritas Charity Services Inc.	\$7,490.00
General Donation	\$8,350.00
<b>Total Revenue</b>	<b>\$20,340.00</b>



The net assets of NepalAbility by the end of 2022 were \$35,243.58 CAD. This amount will allow us to meet our yearly financial commitments with UMHT and to continue to offer virtual webinars in 2023.

In 2023, we plan to continue to support patients with financial needs to access rehab services in Nepal, resume our bi-annual on-site education in Nepal, and to continue to provide virtual education opportunities with our Nepali partners.

Thank you to our generous donors and all our volunteers in supporting individuals living with disabilities and supporting clinicians in enhancing rehabilitation services in Nepal!

*Report prepared by:*

*Edith Ng  
Treasurer  
NepalAbility*

**To Contact Us:**  
 Email: [Info@NepalAbility.org](mailto:Info@NepalAbility.org)  
 Website: [www.NepalAbility.org](http://www.NepalAbility.org)  
 Mailing Address: PO Box 91037,  
 Bayview Village, Willowdale, ON, M2K 2Y6 Canada